- Try Knafeh, A traditional sweet, enjoy a spiral of sticky sweetness, made of a layer of sweet white cheese and vermicelli-like pastry, dyed orange and covered in sugary syrup.
- Shop at the JARA Flea Market on Fridays on Rainbow Street (open May to October), The market offers a wide variety of silver jewelry, embroidered items, concerts, kids activities, and local food items for you to enjoy.
- Shop at one of Amman's many malls, Amman boasts the latest in fashion, technology, and a variety of restaurants and cafés.
- Have flavored shisha at an outdoor coffee shop, Embrace a social, relaxed atmosphere at one of countless cafés, which offer almost any kind of flavored tobacco.
- 5. Grab a few of your friends and go paintballing, Feel the adrenaline
- Walk along Al-Wakalat Street, Stroll down the street for some outdoor shopping.

rush and the excitement of some friendly competition!

- Enjoy a cool evening at Al-Hussein Park, A new landmark, this
 park offers a cultural village, sports fields, a memorial building, a
 historical passageway, decorated gardens, an amphitheater, a
 circular yard, the Automobile Museum, and the Children's
 Museum.
- Stroll down Rainbow Street, This street is lined with artisan stores and quaint coffee shops where you can enjoy spectacular views of downtown Amman.
- Have a falafel sandwich at Al-Quds in Jabal Amman, Located on Rainbow Street, Al-Quds is the oldest falafel vendor and is a
- Eat at Hashem Restaurant in downtown Amman, This legendary
 place is known to all locals, often overflowing with happy customers
 trying its popular falafel, hummus, and fuul dishes.









- Watch the sunset from the city's hill tops, Watch as the hills of white limestone houses dance with color as the sun goes down.
- Shop for unique souvenirs, Amman is brimming with small shops that offer visitors something special to take home.
- Enjoy nature from the Wild Jordan, This café utilizes recipes with top-quality ingredients extracted from Jordan's nature reserves, and all revenues go to support the Royal Society for the Conservation of Nature (RSCN).
- Visit the Citadel, located at the site of ancient Rabbath-Ammon, it boasts remains from Roman, Byzantine, and early Islamic periods. See the Umayyad Palace in all its historic glory.





- 15. Try horseback riding Come spend an afternoon getting in touch with your equestrian side in one of the horseback riding clubs in
- 16. Spend a day playing golf, Come with company or take some "me time" and play a round of golf at Amman's one and only 9-hole brown golf course.
- 17. Visit the Roman Theater, Built into the hillside, this great theater was constructed during the time of Antonius Pius.
- 18. Visit the Jordan Archeological Museum, The museum is located on Citadel Hill and was built in 1951. It presents artifacts from Jordan's archeological sites that date back from prehistoric times to the 15th century.
- Visit the Jordan Museum of Popular Traditions, Take a look at some examples of traditional Jordanian dress and admire the beautiful colors and fine embroidery typical to these costumes.
- Visit the Jordan Folklore Museum, This museum houses cultural items representing the desert (Bedu), villages (Reef), towns and cities (Madinah).
- Visit Iraq Al-Amir, Located southwest of Amman, Iraq Al-Amir is famous for its olive trees and hillside caves that date back to the Copper Age. Also at this site is Qasr Al-Abed, one of the very few examples of pre-Roman construction in Jordan.
- Check out local jewelry and designer shops, Jordan's local design industry is rapidly growing. Pick up prints by local artists, a handcrafted bracelet, and much more.
- 23. Find a kids club, Amman boasts a number of kids clubs with play
- areas that could keep them entertained for hours.

24. Taste Jordanian coffee, Enjoy the powerful kick of the local flavor-

rich coffee, infused with cardamom.

- 25. Visit an art gallery The art scene in Amman is very lively with
- numerous galleries displaying both local talent as well as works from foreign artists.

 26. Experience a holiday mass at a church, There is a significant
- Christian population in Amman, meaning churches dot the city.

 They are often hosts to large celebrations or parades during holiday seasons.
- 27. Go to the gold market downtown or in Um Uthaina, Due to an abundance of local design talents and relatively inexpensive pieces, Amman is the perfect place to shop for gold and silver.
- 28. Visit the cave of Seven Sleepers, Mentioned in the Qur'an in "Suret Al-Kahf", this is the cave believed to be where the "seven sleepers" escaped persecution and slept for 309 years.



- Visit the Royal Film Commission, Here you can find a vast collection
 of film-related books as well as movies, available for rent or for
 screening.
- 30. Enjoy Amman's busy nightlife, Amman may not be the "city that never sleeps", but it comes pretty close! Visit one of countless venues, open until the early hours of the morning, where you can either socialize or simply observe the hustle and bustle of the city.
- Watch a soccer game in a coffee shop, Soccer or football is almost religiously followed by Jordanians, so join the cheering crowds and the infectious spirit of sports enthusiasts.
- 32. Visit the Royal Automobile Museum, Located inside the King Hussein Park, this museum has an amazing collection of motorbikes and cars used by the Royal Family, going back to the time of the Great Arab Revolt.
- 33. Enjoy a shawerma sandwich at Reem, Located in the 2nd circle, it is the oldest shawerma vendor in Jordan, established in 1977.
- 34. Visit the grand Al-Husseini Mosque downtown, The mosque was built by the late King Abdullah in 1924 on the site of a much older mosque, and possibly also the site of Philadelphia's Byzantine cathedral.
- 35. Tour the spice shops downtown, Let your nostrils fill with the exotic spices that you won't find back home! Head to Amman's souks and spice markets, and make sure to pick up some Za'atar and Sumak.
- 36. Visit the Jordan River Foundation Show Room, The aim of this foundation is to empower the Jordanian society, especially women and children. They specialize in home design, with an emphasis on high quality rugs, cushions, embroidery, baskets, and Dead Sea products.
- 37. Create your own sand bottle at downtown handicraft shops, Make your own personalized souvenir for your friends and family. Choose bottles featuring sites from Jordan or bearing your loved one's name.
- 38. Visit Al-Hussein Cultural Center in Ras Al-Ain, Managed by the Greater Amman Municipality, make sure to stop by and enjoy any number of regular showings, including plays, music concerts, dance performances, and film screenings.
- Roll on over to Hejaz Railway Station, Come view the great collection
 of working steam locomotives, formerly used for both corporate and
 tourist excursions. For a deeper look, be sure to head on into the
 Railway Museum.
- Visit the Martyr's Memorial, This memorial houses a small but interesting museum, which chronicles Jordan's recent military history, dating back to 1916.



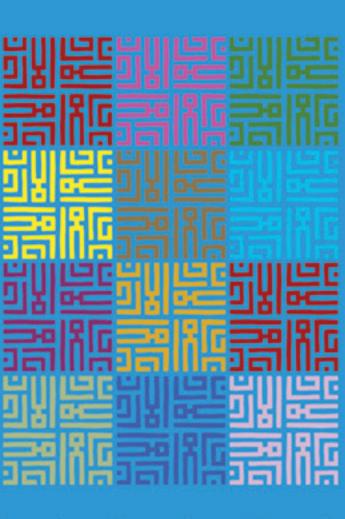
- 41. Try Mansaf, Jordan's national dish, this delicious concoction consists of saffron-dyed rice and lamb chops in a yogurt-like sauce, called Jameed.
- 42. Visit the King Abdullah I Mosque, Built as a memorial by the late King Hussein to his grandfather, the unmistakable blue-domed mosque can house up to 7,000 worshippers inside and another 3,000 in the courtyard area.
- 43. See the Roman Nymphaeum, Built in 191 AD, it was once a large, two-story complex with fountains, mosaics, stone carvings, and possibly a 600 square meter swimming pool.
- 44. Visit Souk Al-Sukkar, Walk through this busy and colorful downtown fruit and vegetable market where locals shop for their fresh produce.
- 45. Stop by Al-Balad Theater, Originally one of Amman's earlier
- 46. Visit the Numismatics Museum, Located at the Central Bank of Jordan, the Museum includes over 2,220 coins.

cinemas, this was converted into a cultural space a few years ago.

- 47. Enjoy a luxury spa and gym day, Stop at any number of Amman's hotels for access to some of the best gym facilities and personal trainers. If working out is not for you, try a relaxing massage or pass some time in a sauna.
- 48. Play pool in one of Amman's clubs, Jump right into this spirited environment, hang out, and enjoy a game or two. Come with friends, and make a few more!
- 49. Enjoy a feast during Ramadan, Bask in the traditional atmosphere of a Ramadani tent. Though the holy month of Ramadan is best remembered for its daytime fasting, the city comes alive after
- 50. Visit the Bird Park, Take a stroll in this picturesque park. With some walking paths and benches, and a large playground for children, this park is suitable for visitors of any age.
- 51. Visit the Sports City, Enjoy the pine forest, choosing to stroll, jog, or run through the forest track.
- Try Arabic sweets, If you are tired of the usual pies and brownie treats, try some Arabic sweets like Ush Al-Bulbul, Faisalieh, Nabulsieh, Barazek, Ghriebeh, and Ma'moul.
- 53. Make your own sandwich at Salah Ad-Dine Bakery, One of the oldest in town, be sure to enjoy its freshly-baked bread with a sweet cup of mint tea.
- 54. Visit the Zaha Cultural Center for Children, The center provides cultural, intellectual, and entertainment services for children. It has sports courts, parks, a library, and gardens for families to enjoy, so your kids will never be at a loss for fun.



- 55. Visit the Royal Cultural Center, This center organizes lectures, exhibitions, musical recitals, concerts, and plays. Many of these productions are in Arabic.
- Visit the Children's Museum, Here your children can learn through interactive and educational games.
- 58. Try cart racing, This amusing activity is a great way to get your blood pumping. Join your friends for some full-speed fun, and see who among you will roll into 1st place!
- 59. Visit Souk Al-Bukharieh in downtown Amman, It is tucked away in an alley with little shops lining it left and right.



Jordan Tourism Board Tel: +962 6 5678444, Fax: +962 6 5678295 P.O. Box: 830688 Amman 11183, Jordan

E-mail: info@visitjordan.com

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- 60. Spot the Raghadan flagpole, The 3rd highest flagpole in the world, the huge Jordanian flag of the Raghadan palace compound stands at 126.8m high. One can see the flag rippling in the wind from a number of points across the city. Just look up!
- 61. Visit a traditional costume shop in Jabal Amman, These are a perfect choice to try on or take home as a souvenir, especially if you like embroidery, beading, sequins, or all of the above!
- 62. Go bowling, This is a great indoor activity for when you want to escape the sun, or play a wide range of arcade games with family and friends.
- 63. Visit Darat Al-Funun (Little House of Arts), This tranquil garden contains a gallery housing works by leading Arab artists.
- 64. Enjoy indoor rock climbing, This is a perfect activity for both climbing aficionados as well as for beginners. Facilities are both fun and safe, with trained professionals to help you master the sport.
- 65. Join a cycling group, Riding a bicycle is an interesting, and healthy,
- way to see the city.

 66. Visit the Islamic Museum, Located inside the King Abdullah I Mosque, amongst the pieces to see are pottery, coins, works of
- personal effects of King Abdullah I.

 67. Try some local cuisine at Al-Quds Restaurant, Though famous for its sweets and pastries, also try some homemade local dishes, like

Muslim art, stone engravings, as well as photographs and

68. Cool off at a waterpark, A day of splashing about is a perfect way to spend a hot afternoon.

mansaf, magloubeh, and freekeh.

- 69. Visit the Abu Darwish Mosque, This intriguing mosque, located at the top of Jabal Al-Ashrafiyeh, was constructed out of alternating layers of black and white stone.
- 70. Spend some time at Kan Zaman, This walled village, dating back to the turn of the century, has since been transformed into a restaurant and handicraft complex.

71. Go for a scrub and massage at a Turkish bath, After a long day of exploring the sites of Amman, enjoy the full service of the

72. Learn to cook local food at Beit Sitti, Take a cooking class, and

73. Take a belly dancing class, Those interested in learning this traditional

75. Try international cuisine, Choose from Italian, Spanish, French,

76. Watch a movie, View screenings of all of the latest releases from

77. Walk around the city, Join one of the walking groups that organize

for breakfast, lunch, and dinner, and then feast away!

74. Practice your singing at one of Amman's karaoke nights.

art form can take classes at nearly every level.

scrubbing, and a 40-minute massage.

Chinese, Japanese, Indian, and more!

trips to different sites throughout the city.

around the world.

hammam. This experience includes a steam bath, sauna, jacuzzi,

learn how to prepare traditional local food. Make standard dishes



Things To Do in AMMAN

Jordan ®



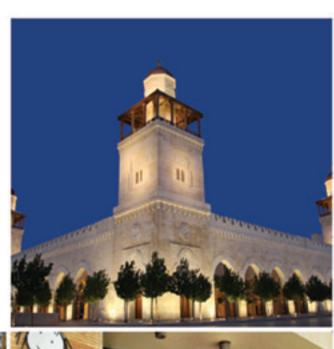


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- 87. Create your own perfume, There are several perfume stalls downtown where you can select and mix the essences that speak to you. Ask for your favorite brand of perfume or have one created just for you.
- 88. Enjoy live entertainment and concerts, Amman has a rich theater and performance culture that is ever-growing. As such, arts-oriented people can always find plays, performances, and shows.
- 89. Try sugarcane juice, There are many juice shops downtown, and you can be sure to find this sweet drink easily. Be sure to head to
- 90. Enjoy seasonal fruits and vegetables, Purchase these delicious foods from tents perched alongside many streets.

the shops that will freshly squeeze the sugarcane juice for you!

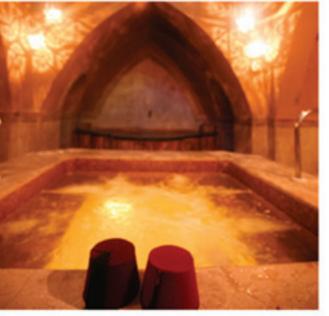
- 91. Browse through modern local t-shirt stores selling locally designed and culturally relevant t-shirts around Jabal Al-Weibdeh and Jabal
- 92. Fly over Amman, With such an expansive city, sprawled over 19 hills, the only way to fully grasp the span of this city is to observe it from the air with The Royal Jordanian Gliding Club, which offers the perfect flying experience for both experienced and novel pilots.
- 93. Visit the Jordan Tourism Board, Located adjacent to the 5th circle, it is easily accessible for any info, tips, brochures, maps, or any help you may need with your trip.













- 94. Visit the National Gallery of Fine Arts, This small but impressive gallery provides its visitors with a great appreciation for contemporary regional Jordanian paintings, sculptures, and pottery.
- 95. Check calendar.jo for a list of cultural events, This online calendar is constantly updated to provide the most current information about events happening in Amman.
- 96. Have lunch at Auberge, This restaurant serves different kinds of Arabic food, and is an ideal venue to mingle amongst both local residents and tourists.
- Arabic food, from traditional home-cooked meals to sweets, chocolates, and ice cream.

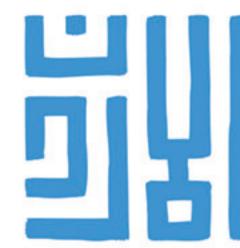
 98. Visit the Prophet Muhammad (PBUH) Museum, Located at the

King Hussein Mosque, it contains the letter that the Prophet

97. Taste the variety of foods available at Jabri, It offers a variety of

(PBUH) sent to King Hercules.
99. Visit the Jordan Museum, Located in Ras Al-Ain, this museum presents the history and cultural heritage of Jordan in a series of beautifully-designed galleries.











- 79. Visit the King Hussein Bin Talal Mosque, It is the largest mosque in the country and was built to reflect the Umayyad architecture prevalent in many historic sites around Jordan.
- 80. Join poets and poetry enthusiasts at the House of Poetry.

 81. Take a shot at the firing range. Step by for a hearty dose of the
- 81. Take a shot at the firing range, Stop by for a hearty dose of thrills.82. Stop by View Amman in Ras Al-Ain, This exhibition space is the first
- 83. Step into the Soap House, Enjoy the fresh scents of natural herbs and oils while browsing through a great assortment of soaps and lotions. These products are made using Jordanian olive oil and Dead
- 84. Relax at the Balat Al-Rasheed Café, Established in 1924, this is one of the oldest cafés in Amman and is perfect for admiring the goings-on of a big city.

Sea minerals, and are perfect gifts for your friends back home.

- Snack at Tamriyet Omar, This shop is best known to locals for making one thing in particular: sweet and sticky Tamriyyeh.
- 86. Visit the Duke's Diwan, Located downtown, this building functions as a space meant to preserve the city's architectural heritage.

